

THE STATE OF ALABAMA, Baldwin County.

Circuit Court, __FALL __Session, 494 1953

The Grand Jury of said County charge that before finding this indictment

The Maddock Foundation, Incorporation, did, unlawfully establish, conduct

or maintain a sanitoria, rest home, nursing home or other related institution

primarily engaged in offering to the public generally facilities for the

diagnosis and treatment of injury, deformity, disease or obstetrical care,

without first obtaining the license to operate such sanitoria, rest home,

nursing home or other related insitution,

against the peace and dignity of the State of Alabama.

Solicitor of the Twenty-Eighth Judicial Circuit.

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THE BALDWIN TIMES

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Presented in open Court to the preside Judge by the Foreman of the Grand Jury,	ing
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STATE OF ALABAMA

VS.

THE MADDOCK FOUNDATION.

IN THE

CIRCUIT COURT OF BALDWIN COUNTY, ALABAMA, AT LAW.

No. 1727

The Defendant, the Maddock Foundation, having been brought before the Court for a hearing to determine whether the order of probation made in this case on the 18th day of November, 1953, shall be revoked, and the Court having heard such matter found from the evidence before it, that the above named Defendant has violated the conditions of probation in that he has not complied with all of the rules and regulations of the State Board of Health of the State of Alabama, and secured a proper permit as shown by the report of Clay H. Dean, as Director of the Hospital Planning Division for the State Health Department, dated June 14th 1954, and duly verified and filed for record in this cause.

IT IS, THEREFORE, ORDERED, ADJUDGED AND DECREED that the order of probation made in this cause on the 18th day of November, 1953, and the suspension of the execution of sentence in this case be, and the same is hereby revoked and annulled; that the sentence heretofore passed on this defendant be immediately put into execution.

Dated this the 16th day of June, 1954.

Judge of the 28th J Circuit of Alabama

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June 14, 1954

Hon. Hubert M. Hall Circuit Judge 28th Judicial Circuit Bay Minette, Alabama

Dear Sir:

On June 11, 1954, I, Clay H. Dean, as Director of the Hospital Planning Division for the State Health Department, along with Mr. Edward Davis, as Field Representative of the Hospital Planning Division for the State Health Department, made an inspection of the Maddock Foundation in Fairhope, Alabama, for the purpose of determining whether or not the Maddock Foundation had complied with the provisions of Title 22, Sections 204(42) through 204(54), 1953 Cumulative Pocket Part, Code of Alabama 1940, and the rules and regulations promulgated by the State Board of Health.

This inspection revealed that the Maddock Foundation had not complied with the above statutory provisions and the rules and regulations promulgated by the State Board of Health(a copy of said rules and regulations is attached hereto and made a part hereof), in that the Maddock Foundation has refused and continues to refuse to comply with certain conditions which must be met before an institution of this type can be issued a license by the State Board of Health under the provisions of Title 22, Section 204(43), 1953 Cumulative Pocket Part, Code of Alabama 1940.

The Maddock Foundation has refused and continues to refuse to comply with the rules and regulations promulgated by the State Board of Health as follows:

> The Maddock Foundation has failed to provide adequate living and sleeping quarters for its patients. The building now occupied is not considered suitable for the following reasons: (a) location on a public highway with inadequate grounds; (b) no outside windows in building, glass front does not afford private sleeping and living quarters, poor ventilation; (c) no lobby, living

room or play area; (d) toilet and bath facilities not adequate; (e) no kitchen facilities, method of serving food questionable; (f) this building makes an army field type of arrangement, which is not suitable for the type children housed there.

The only visible improvement had been the painting of the plate glass windows facing the highway. The Foundation had unsuccessfully attempted to employ a fund raising organization to secure funds for the construction of adequate dormitory buildings. The Foundation is currently conducting a campaign to raise \$15,000.00 for this purpose and had reportedly raised \$2,305.00 with promises of \$900.00 more by June 16, 1954. It was further reported that an architect in Mobile had been employed to develop plans for the building program. The current fund raising campaign is considered grossly insufficient to secure the construction of the buildings and no plans have been submitted to the Hospital Planning Division by this date (June 14, 1954).

- The Maddock Foundation has failed to provide an adequate permanent record for each patient. Minimum forms have been prepared for 40 patients reported to be the total enrollment as of June These forms and entries gave the im-11, 1954. These forms and entries gave the 1m pression they were made for the benefit of the inspector rather than for the medical and nursing care for the patient. No permanent records were available for one patient, who was reported to be on vacation. No permanent records were available for 2 patients, who were reported to have been released since April 21, 1954. The Foundation does not require entrance examinations by competent pediatricians, orthopedists, neurosurgeons, psychiatrists or specialists in convulsive disorders. Each administration record fails to show a medical workup of the patient.
- 3. The Maddock Foundation Personnel Roster does not indicate that its employees are persons trained and qualified to administer medication and private practical nursing services.
- 4. The audit report submitted covering the period March 31, 1953, through March 31, 1954, reveals that the Foundation's current liabilities greatly exceed its current assets. Accrued payroll taxes for the year 1953 have not been paid. The audit report further reveals that disbursements exceed income. The Foundation has failed to submit bank references as requested.
- 5. The report submitted the Alabama Board of Health by the Social Welfare Commission of the State of Michigan, revealed that a license could not be issued Mr. Maddock in the State of Michigan for his failure to comply with their licensing requirements.

6. Our investigation into the character and personal reputation of Mr. Maddock indicates that he is not a responsible person to head an institution of this type for the following reasons: (a) inability to manage financial affairs of the institution; (b) inability to handle the administrative functions of the institution; (c) permitting himself to be misrepresented by the general public by calling himself a "doctor" when, in fact, he does not hold a doctor's degree of any type; (d) harsh, cruel and inhuman methods of punishment at the Maddock Foundation.

7. The Maddock Foundation has been operating without a license issued by the Alabama State Board of Health since January 1, 1953, and is presently being operated without a license issued by the State Board of Health.

In view of the foregoing failure to comply with the statutory provisions herein set out, and the rules and regulations promulgated by the Alabama State Board of Health, it is recommended that the Maddock Foundation be closed forthwith.

Yours very truly,

CLAY H. DEAN

Director of Hospital Planning for the State Health Department

STATE OF ALABAMA MONTGOMERY COUNTY

Before me, Dorothy Johnson, a Notary Public in and for said county and state, personally appeared Clay H. Dean, who is known to me as Director of the Hospital Planning Division for the Alabama Health Department, after first being duly sworn, deposes and says that the foregoing statements are true and correct.

NOTARY PUBLIC

STATE OF ALABAMA MONTGOMERY COUNTY

Before me, Dorothy Johnson, a Notary Public in and for said county and state, personally appeared Edward Davis, who is known to me as a Field Representative of the Hospital Planning Division for the Alabama Health Department, after first being duly sworn, deposes and says that the foregoing statements are true and correct.

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A TRUE	BILL		
Clyc	de N. Litt		
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	9 1:19 (101-L.A.		Judge.

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STATE OF ALABAMA CIRCUIT COURT 28th JUDICIAL CIRCUIT FALL SESSION, 1953.

NOTICE

TO THE MADDOCK FOUNDATION, INCORPORATION:

Notice is hereby served that The Maddock Foundation was indicted by the Grand Jury of the Fall Session of this Circuit Court. A certified copy of the indictment returned by the said Grand Jury accompanies this notice.

The Maddock Foundation, Incorporation should forthwith appear and plead to the indictment; otherwise other appropriate action will be taken by this Court.

Clerk, Circuit Court.

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3. All hearings shall be joint hearings set by the Board of Health and the Advisory Board, at which time any interested nursing, rest and convalescent home may be heard.

B. Amendment, Recision or New Regulations

- 1. Subsequent to the initial hearing as set forth in II A. 3. thirty days notice in writing shall be given all licensed nursing, rest and convalescent homes of the date of hearing and of the substance of any new regulation, amendment or recision of regulations proposed to be made.
- 2. Any person affected by any regulation, amendment or recision thereof may appeal consideration thereof as set forth in II A. 3.
- 3. Regulations adopted hereunder shall become effective upon the expiration of thirty days from the date of adoption, amendment or recision or, if an appeal has been taken, upon the final disposition of the appeal.

III. GENERAL REGULATIONS FOR CONVALESCENT, REST AND NURSING HOMES

A. Personnel

- 1. There shall be some one person in charge of the home at all times. This person may be the owner of the business or a person employed for the purpose who is qualified to assume the management and operation of the home.
- 2. Each home shall have sufficient employees present at all times for the adequate care of patients or residents and maintenance of the home. All persons in charge of, employed by, or associated with the nursing home must be of suitable character and temperament to function in their appointed capacities and to provide for the care and comfort of the patients or residents. Adequacy of personnel shall be determined by representatives of the State Board of Health.
 - a. There shall be housekeeping, cooking, and kitchen personnel sufficient to maintain the home in a sanitary condition at all times.

- b. Adequate personal and nursing care shall be provided by the operator of the home when such care is necessary, either through registered nurses, practical nurses, or attendants. (1) A registered nurse may be required when in the opinion of the State Board of Health the patients or residents require skilled nursing care. (2) There should be not less than one attendant, who is capable of giving nursing care at all times, per 6 to 12 bedfast and/or helpless patients or residents, the ratio to depend upon the degree of disability of various patients or residents and their need for nursing care. (3) There should be not less than one nurse or attendant per 10 to 15 ambulatory patients or residents.
- 3. Each operator and person employed in a home shall be required to furnish a health certificate showing such operator or employee to be free from communicable disease.
- 4. The names and qualifications of all professional employees shall be on file for inspection by the State Board of Health.
- 5. Whenever there is found to be evidence of fraud or misrepresentation to secure money or property from residents, patients, or applicants, or there is any evidence of misappropriation or conversion of money or property of residents, patients, or applicants, the State Board of Health shall report such facts to the prosecuting attorney of the county where such home is located, or to the attorney general of the State for further investigation and prosecution.

B. Admission Policies

- 1. No person suffering from a contagious disease shall be admitted. A physician's written statement will be required. If such a statement is not available at the time of admission, the operator of the home shall have such examination made within 48 hours after admission.
- 2. Unless especially licensed to care for such person, no convalescent, nursing, or rest home shall admit or care for persons who are suffering from acute mental illness, suf-

ficient to endanger self or others or for persons addicted to the intemperate use of narcotics or stimulants so as to have lost the power of self control.

C. Medical Care and Treatment

- 1. Each person upon admission should be asked to designate a regularly licensed physician of his choice who could be called upon for medical care. In addition, the home shall designate the name and address of a regularly licensed physician to be called in an emergency.
- 2. All treatment and medication ordered or advised by a physician shall be written in the doctor's order book and signed by him; also discontinuance of medication shall be entered in the doctor's order book and shall be signed by him and dated. Such record book shall be kept as a permanent record in the home.
- √ 3. No drugs except such ordinary ones as aspirin, mild laxatives, gargles, and sodium bicarbonate shall be administered to any patient or resident except by direction of the attending physician. These ordinary drugs which are administered without the direction of a physician shall be brought to the attention of the visiting physician at his next call.
- 4. All narcotic drugs must be kept under lock and key. No home shall keep within its confines opium, morphine, cocaine, heroin, codeine, or other habit forming drugs, unless these drugs are prescribed by a practicing physician. Any unused portion of a narcotic drug obtained for a patient or resident of a home shall be returned to the physician when it is no longer required by the patient or resident.
- 5. All poisonous substances must be plainly labeled and kept in a locked cabinet or closet.
- 6. First aid supplies shall be kept in a place readily accessible to the person or persons providing care in the home.
- $\sqrt{7}$. Mechanical restraint and seclusion shall be applied only when they are necessary to prevent injury to the resident or patient or others. Except in extreme emergencies, mechan-

have been complied with and recommendation has been made therefor by the proper representatives of the State Board of Health.

E. Return of License

1. Each license shall be returned to the Board immediately on its suspension or revocation, or if the institution voluntarily ceases operation.

F. Inspection

- 1. Every nursing, rest and convalescent home for which a license has been issued under these rules, regulations and standards shall be periodically inspected by the State Board of Health.
- 2. Each nursing, rest and convalescent home in existence at the time of the adoption of these regulations shall request inspection by the State Board of Health to determine its ability to comply with these regulations.
- 3. Information received by the State Board of Health through filed reports, inspection, or as otherwise authorized shall not be disclosed publicly in such manner as to identify individuals or hospitals, except in proceedings involving the question of licensure.

II. THE STANDARDS

- 1. The State Board of Health, with the advice and after approval by the Advisory Board, shall have the power to make and enforce, and may modify, amend and rescind reasonable rules and regulations governing the operation and conduct of nursing, rest and convalescent homes as defined in Act 530, Regular Session, 1949.
- 2. The Board shall give wide publicity to the initial regulations among the nursing, rest and convalescent homes likely to be affected, at least ten days prior to the date set for hearing and determination of such rules and regulations.

twenty-four months from the effective date of January 1, 1950, to comply with the provisions hereof.

B. Expiration and Renewal of License

- 1. Each license to operate a convalescent, rest and nursing home shall expire on December 31 following the date of issue and shall be subject to review and renewal by the State Board of Health.
- 2. Each application for renewal of license shall be accompanied by such fee as set forth in I. A. 2 above.
- 3. Each nursing, rest and convalescent home licensed hereunder must furnish an annual report which shall be on a form prepared by the State Board of Health.

C. Revocation of License

1. A license issued to any nursing, rest and convalescent home will be suspended, revoked or not renewed by the Board in any case where the Board finds that there has been a substantial failure to comply with the provisions of these regulations. Failure to comply with any of these regulations, as well as the operation of any home for which a license has not been obtained prior to the time of opening, or has not been restored following suspension or revocation thereof, or resistance to or interference with the Board in the enforcement of these regulations, are hereby declared to be violations of these regulations, constituting a misdemeanor as set forth and declared punishable in Section 12, Act 530, Regular Session, 1949.

D. Right of Appeal

- 1. Any nursing, rest and convalescent home which has been denied a license or its renewal, or whose license has been suspended or revoked by the State Board of Health, has the right of appeal as set forth in Section 8, Act 530, Regular Session, 1949.
- 2. A new license may be granted after proper inspection has been made and all provisions of this act and rules and regulations hereunder as heretofore and hereinafter provided

ical restraint or seclusion shall be employed only on the signed order of a physician. If an extreme emergency occurs, the order for restraint or seclusion shall be signed by the physician within twenty-four hours.

- 8. Any serious illness, accident or death of a patient or resident should be reported immediately to members of the resident's family.
- 9. One or more rooms in the home shall be available for the isolation of persons with communicable diseases or who are critically ill.
- 10. Some type of signal for summoning aid must be conveniently provided for each bed patient.
- 11. Patients or residents shall receive kind, considerate care and treatment at all times. The operator, attendant, or other employee shall not abuse or punish any patient or resident of the home by any method of physical force, confinement to a room, or by withholding of food. The operator shall be held responsible for action of all employees.
- V12. Whenever a resident or patient requires hospitalization, medical, nursing, or other care beyond the facilities of the home, prompt effort shall be made to secure such care.

D. Food Service

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- 1. An adequate and balanced diet shall be furnished to all residents and patients at regular hours and there shall be at least three meals served per day.
- 2. In the event special diets are ordered by the physician, such diets shall be served as prescribed and recorded in the doctor's order book.
- 3. There shall be adequate facilities for the proper storage, preparation, and serving of food for residents, patients and personnel.
- 4. All utensils used for eating, drinking, and in the preparation or serving of food and drink shall be washed after each use in a manner approved by the State Board of Health.

E. Buildings and Equipment, Including Sanitation

- 1. All buildings which house patients or residents must be inspected in relation to sanitation by the local or state health authorities and recommended to be reasonably safe for the care of aged or infirm patients.
- 2. The local or state authorities for fire protection must certify that the home is free from ordinary fire hazards.
- 3. The building shall be maintained in repair and cleanliness at all times.
- 4. Adequate porches and yard space for the use of residents shall be available.
- 5. The entire building must be equipped with screens and free from flies.
- 6. The State Board must be satisfied that all precautions are being taken to guard against the presence of rodents and vermin.
- 7. If at all practicable, all water shall be obtained from a public water supply. If not obtained from a public water supply, the water shall meet the approval of the State Board of Health.
- 8. An adequate sewage disposal system must be provided which shall meet the approval of the State Board of Health.
- 9. Adequate provision for the collection and disposal of garbage, ashes, and waste material must be made. Covered containers must be used for garbage and metal containers for ashes.
- 10. The home must be adequately heated, with temperature maintained at 70-75 degrees in the winter months.
- 11. Each room shall be comfortably furnished with suitable provision for individual belongings.

or other agencies authorized or licensed by the State Department of Public Welfare shall have free access to visit the child and the mother concerned.

I. THE LICENSE

A. Issuance of Licenses

- 1. Applications for a license to operate a nursing, rest or convalescent home must be made in writing upon a form provided by the State Board of Health and shall contain such information as the Licensing Agency may require.
- 2. Each application for license shall be accompanied by a fee of thirty dollars, if the institution offers accommodations of forty-nine or less beds, or a fee of fifty dollars, if the institution offers accommodations of fifty or more beds. No fees shall be refunded. All fees shall be paid to the State Health Department.
- 3. Every nursing, rest and convalescent home shall be designated by a permanent and distinctive name, which shall be used in applying for a license and shall not be changed without first notifying the Board in writing. Such notice shall specify the name to be discontinued as well as the new name.
- 4. Each license shall specify the maximum allowable number of beds in the nursing, convalescent or rest home.
- 5. A separate license shall be required for each nursing, rest and convalescent home when more than one home is operated under the same management; however, separate licenses are not required for separate buildings on the same grounds used by the same home.
- 6. The license must be conspicuously posted in the office where patients are admitted.
- 7. The license shall not be transferable or assignable, and shall be issued only for the premises named in the application.
- 8. The nursing, rest or convalescent homes in existence at the time of the adoption of these regulations shall be given

- 5. Duly Licensed: The words "duly licensed" when applied to a person shall mean that the person to whom the term is applied has been duly and regularly licensed by the proper authority to follow his or her profession within the State of Alabama and when applied to an institution shall mean that the institution has been duly and regularly licensed by the Alabama State Board of Health.
- 6. Registered Nurse: By "registered nurse" is meant a person graduated from an accredited school of nursing and currently registered in the State of Alabama in accordance with Chapter 10, Title 46, Code of Alabama, 1940.
- 7. Advisory Board: The term "Advisory Board" shall mean the Advisory Board set up by law to assist in the establishment of rules, regulations and standards necessary to carry out the provisions of this act and to serve as consultants to the State Board of Health.

C. Special Provisions

- 1. Any institution or individual operating a building, receiving more than one woman within a period of one year solely for care or treatment during pregnancy, or during delivery, or within ten days after delivery except when such women are related by blood or marriage to persons living in such building or institution and are assuming responsibility for care and treatment of such women shall be classified as either a maternity hospital or a maternity home and shall be regulated accordingly.
- 2. Any child born in any institution coming under the authority of Act 530, Regular Session, 1949, whose mother is unable to care for such child, or any child who for any reason will be left destitute of parental support, shall be reported for such service as the child and mother may require to the State Department of Public Welfare or to the county department of public welfare in which the institution is located or to any other agency authorized or licensed by the State Department of Public Welfare to engage in child placing. In the rendering of the service required, representatives of the State Department of Public Welfare, county departments of public welfare

- 12. Sleeping rooms should contain not less than 500 cubic feet of air space for each occupant and shall have at least one outside window.
- 13. Separate beds shall be furnished with clean mattresses, clean and warm bedding and rubber sheeting when necessary. Beds should be not less than three feet apart and three feet from side walls.
- 14. Adequate artificial lighting shall be available in all rooms, stairways and hallways of the building. Night lights shall be provided in all hallways, stairways, and bathrooms.
- 15. Sanitary toilet, bath, and lavatory shall be provided on each floor where residents or patients stay. There should be one toilet for each 6 persons, 1 lavatory for each 4 persons, 1 tub bath or 1 shower bath for each 10. Non-skid mats and safety hand grips shall be provided for protecting those who use tubs or showers. Toilet room shall not connect directly with any room in which food is prepared, served. or stored.
- 16. Only ambulatory persons may be housed above the first floor of a building which is not fire proof or which does not have elevator service. There must be railings on all stairways.
- 17. Telephone service must be available in the home in order to summon help in case of fire or other emergency.
- 18. Incoming mail telegrams, etc., addressed to the resident or patient shall be delivered to the addressee unopened and unread immediately upon receipt at the home. Outgoing mail shall be delivered unopened and unread to the regular postal channels immediately upon its receipt from the patient or resident.
- 19. If both sexes are cared for, facilities shall be properly arranged for segregation and privacy, as needed.
- 20. Any licensee or applicant desiring to construct new facilities or to make alterations or additions to its facilities shall, before commencing such alteration, addition, or new construction, submit plans and specifications therfor to the

State Board of Health for preliminary inspection and approval or recommendations with respect to compliance with the regulations and standards herein authorized.

F. Records

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The operator of each home shall set up a register in a permanent record form for each person admitted to the home. This register shall set forth the following information and shall be kept up to date.

- 1. An adequate permanent record of each patient, either typewritten, or legibly written with pen and ink, from which the name, address, age, sex, nationality, marital status, name and address of closest relatives, date of admission, and date of discharge or death, and any other personal and statistical particulars which are required in the certificates of birth, death of stillbirth, as directed by the State Registrar of Vital Statistics.
- 2. A record shall be kept of all births, deaths and still-births that occur within the home. By the fifth day of each month, the superintendent shall make a report of such births, deaths, and stillbirths for the preceding month, on such form as the State Board of Health shall provide, to the County Health Officer, or in counties without a County Health Officer, to the State Registrar. This report shall be in addition to the official birth, death and stillbirth certificates. If there are no births, deaths nor stillbirths in any month, a report stating that fact shall be made to the County Health Officer.
- 3. Other information should cover name, address and telephone number, if available, of resident's sponsor; name, address and telephone number of resident's physician.
- $\sqrt{4}$. A record must be kept of the physician's diagnosis and of the resident's condition at the time of his admission to the home.
- 5. The attending physician's orders shall be kept in writing.

RULES, REGULATIONS AND STANDARDS FOR HOSPITALS

Preface

A. Legal Authority

Under and by virtue of authority vested in it by the legislature of Alabama (Act 530, Regular Session, 1949), the State Board of Health does hereby adopt and promulgate the following rules, regulations and standards governing all hospitals, sanatoria, and other related institutions except hospitals operated by the Federal government and mental hospitals under the supervision of the Board of Trustees of the Alabama State Hospitals.

B. Definitions

- 1. The term "hospitals" shall mean hospitals, sanatoria, and other related institutions when such institution is primarily engaged in offering to the public generally facilities for the diagnosis and treatment of injury, deformity, disease or obstetrical care and when such institution offers such care for not less than twenty-four hours in any week to two or more non-related individuals.
- 2. The term "maternity home" or "lying-in-home" shall mean a building or other place maintained and conducted for the care and treatment of women during pregnancy, delivery and subsequent to the birth of children.
- 3. The term "convalescent, rest or nursing home" shall mean a building or place maintained for the care of patients who are not acutely ill or do not require special facilities such as surgical or maternity care. These homes also include private homes boarding aged and infirm persons, provided the home is giving chronic or convalescent care, for a period of twenty-four hours or longer, to two or more unrelated persons at any one time.
- 4. Board or State Board of Health: The term "Board" or "State Board of Health" shall mean the Alabama State Board of Health.

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Printers and Publishers
Wetumpka, Ala.
1952

- 6. The amount of weekly or monthly fee shall be set forth in writing.
- 7. Inventory and disposition of personal property, money or valuables possessed by resident at time of entrance and death or discharge shall be made. A copy of this record must be given to resident or legal representative.
- 8. Such additional information as may be prescribed or found necessary or desirable.

1727

ALABAMA STATE BOARD OF HEALTH

RULES, REGULATIONS AND STANDARDS
FOR

NURSING, CONVALESCENT AND REST HOMES



ALABAMA STATE BOARD OF HEALTH

Montgomery, Alabama

